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Portland, Oregon

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FOR IMMEDIATE RELEASE
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Evergreen Curling Club Hosts Open Houses

Do you miss watching curling at the Olympics? You don't have to wait four more years! Come out and try it for yourself! The Evergreen Curling Club will host **Open Houses** on Sunday, September 26th, and Tuesday, October 5th, with two sessions each day at 6:30PM and 7:40PM, at Lloyd Center Ice Arena in Portland. Curling is a fast-growing sport that incorporates strategy, teamwork, sportsmanship and social interaction into a fun-filled game.

Evergreen Curling Club will also host an Open House on Tuesday, September 28th, for wheelchair curlers. Patrick McDonald, member of the US Paralympic Team will be an instructor.

Curling takes place on ice, but no skates are required!. Many members wear sneakers covered with a 'gripper.' During the game, 42-pound granite stones are pushed on the ice towards a target 126 feet away. Teams consist of four members and every person plays the entire game, delivering stones plus sweeping teammates' stones into position. Men and women compete together, and curl well into retirement. All ages are welcome; we recommend a minimum age of 10. It's very easy to learn. Though it takes practice to master, a few minutes of instruction is all that is needed to start sliding stones down the ice.

The Evergreen CC open house will include an off-ice discussion about the sport, followed by on-ice instruction and the chance to throw some stones. Wear loose fitting clothing and sneakers – equipment (including grippers) will be provided. Fall Leagues begin on Tuesday and Sunday nights in early October, and openings are available.

For further details and to sign-up for an Open House, visit their website: www.evergreencurling.com/learn/. Sign-up and payment on the web is recommended, and will guarantee you a spot!

EVENT FAST FACTS:

Event Name: Evergreen Curling Club Open Houses

Time/Date: Two sessions each day, 6:30 PM--8:30 PM and 7:40 PM--9:40 PM, on Sunday, September 26th, and Tuesday, October 5th. Wheelchair curling open house on Tuesday, September 28th, 6:30 PM--8:30 PM.

Location: Lloyd Center Ice Arena, 953 Lloyd Center, Portland, OR 97232, 503-288-6073

Invited: All ages -- recommend 10 and up.

Cost: \$10 for Adults, \$5 for juniors (21 and under), \$20 for families (plus \$1 web sign-up fee). Sign-up and payment on the web is recommended, and will guarantee you a spot!

Wear: Loose fitting clothing and sneakers

Photos for download: <http://www.evergreencurling.org/media/mediaphoto.htm>

Media welcome

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