

February 1, 2010  
Portland, Oregon

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FOR IMMEDIATE RELEASE  
(For use between 2/1/2010-3/9/2010)

### **Evergreen Curling Club Hosts Open Houses**

The Evergreen Curling Club will host **Open Houses** on Sunday, February 28<sup>th</sup>, Tuesday, March 2<sup>nd</sup>, Sunday, March 7<sup>th</sup> and Tuesday, March 9<sup>th</sup> with two sessions each day at 6:30 PM and 7:40PM, at Lloyd Center Ice Arena in Portland. Curling is a fast growing sport that incorporates strategy, teamwork, sportsmanship and social interaction into a fun-filled game. It is expected to be one of the hottest things on ice at the upcoming Winter Olympics.

Curling takes place on ice, but it's a misconception that it requires skates. Many members wear sneakers covered with a 'gripper.' During the game, 42-pound granite stones are pushed on the ice towards a target 146 feet away. Teams consist of four members and every person plays the entire game, delivering stones plus sweeping teammates' stones into position. Men and women compete together, and curl well into retirement. All ages from 12 and up are invited to join in! It's very easy to learn. Though it takes practice to master, a few minutes of instruction is all that is needed to start sliding stones down the ice.

The Evergreen CC open house will include an off-ice discussion about the sport, followed by on-ice instruction and the chance to throw some stones. Wear loose fitting clothing and sneakers – equipment (including grippers) will be provided. Beginning March 16th, a four-week novice league will be held on Tuesday nights, and openings are available.

For further details and to sign-up for an Open House, visit their website: [www.evergreencurling.com/learn/](http://www.evergreencurling.com/learn/). Sign-up and payment on the web is recommended, and will guarantee you a spot!

#### EVENT FAST FACTS:

**Event Name:** Evergreen Curling Club Open Houses

**Time/Date:** Two sessions each day, 6:30 PM--8:30 PM and 7:40 PM--9:40 PM, on Sunday, February 28<sup>th</sup>, Tuesday, March 2<sup>nd</sup>, Sunday March 7<sup>th</sup> and Tuesday, March 9<sup>th</sup>

**Location:** Lloyd Center Ice Arena, 953 Lloyd Center, Portland, OR 97232, 503-288-6073

**Invited:** All ages from 12 and up.

**Cost:** \$10 for Adults, \$5 for juniors (12-21), \$20 for families (plus \$1 web sign-up fee). Sign-up and payment on the web is recommended, and will guarantee you a spot!

**Wear:** Loose fitting clothing and sneakers

**Photos for download:** <http://www.evergreencurling.org/media/mediaphoto.htm>

**Media welcome**

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